

Hiking Packing List

Camp/Sleep

Tent
Sleeping bag
Sleeping mat
Sleeping bag liner
Pillow

Toiletries/First Aid & Safety

Toilet paper
First Aid kit
Mozzie spray
Sunscreen
Personal toiletries
Microfibre towel
Wilderness wipes

Cooking

Stove & fuel
Pot and/or frypan
Cutlery
Waterproof matches/Lighter
Washing up supplies

Food & Hydration

Hydrolyte
Hydration bladder
Golden curry cubes
Freeze Dried Food
Pasta
Muelsi bars
Trail mix
Runa & rice packs

Tech

Camera/Gopro
Phone + charger
Power Bank
Headlamps
Lantern

Clothing & Footwear

Long sleeve thermal top
Short sleeve top
Shorts
Long pants
Fleece Jacket
Rain Jacket
Thick hiking socks
Underwear
Hiking boots
Sandals
Wide brim hat and/or cap

Other

Sunglasses
Cash
Plastic bags (rubbish)
Snap lock bags
Playing cards
Knife/multitool
Packing cells/stuff sacks
Dry bag(s)
Day backpack
